

Transcranial Magnetic Stimulation (TMS) Therapy

TMS Therapy:

- FDA cleared and currently indicated for the treatment of Major Depressive Disorder (MDD)
- Covered by all major medical insurance companies, Medicare, and Medicaid in most states
- Neuromodulation for the left DLPFC
- Bilateral treatment may be recommended or considered for patients experiencing generalized anxiety (right DLPFC)
- Treatment is administered 5 days a week for 6-9 weeks (acute treatment protocol is 30 sessions, including 6 taper treatments)
- Not a replacement for antidepressants and can be performed in conjunction with an antidepressant regimen
- Higher efficacy rates than successive medication trials alone
- Possible short-term side effects: scalp irritation, mild to moderate headache, light-headedness, and dizziness, all of which generally resolve on their own within the first week of treatment
- Long-term side effects: none known
- Non-systemic, non-invasive
- Track patient progress through weekly PHQ-9 questionnaires

TMS Therapy device used in TMS Solutions' clinics | [CloudTMS \(https://mycloudtms.com/\)](https://mycloudtms.com/)

Contraindications:

Artificial Cardiac Pacemaker	Cochlear Implants	Epileptic Seizures
Patients Experiencing Mania or Psychosis	CNS Tumor, Depending on Location	

Contraindications for Insurance Coverage to Include the Above List, and:

Schizophrenia & Schizoaffective disorder	Active Suicidal Ideation	Alzheimer's
Borderline Personality Disorder	Dementia	Bipolar Disorder
Ferromagnetic Metal Implants in and around neck or head	Active Substance Abuse (Minimum of 3 Months Sobriety)	

Qualifying Criteria for Insurance Companies:

- Diagnosis of MDD, at least 18 years old (can be treated as young as age 12 on an off-label basis)
- Failed 2-4 antidepressants (at a clinical dosage) from 2 agent classes, preferably in the current depressive episode
- Medicare requires failure of 1 antidepressant and offers multiple courses of treatment (must respond by 50%)
- Psychotherapy or counseling completed weekly for 6 weeks, preferably done within the last 1-1.5 years (group therapy, family or couples counseling, inpatient or AA meetings excluded)

TMS Solutions' Patient Advocate Contact Information:

Phone | (844) 537-6747

Email | patientadvocate@tmssolutions.com

Fax Patient Referral and Records | (844) 204-2233

Patient Advocate Calendar | [Click here to access calendar](#)

Online Referral Form | tmssolutions.com/physician-patient-referral-form